

Stay **Cautious** and Take **Every Measure** to Prevent Resurgence!

Recently, the number of COVID-19 cases in Hyogo Prefecture has remained low thanks to the cooperation of Hyogo citizens and efforts made by medical workers. **To prepare for the flu season and year-end/New Year holidays, please continue to take precaution and every measure to prevent another resurgence in infections.**

1. Thoroughly implement basic infection prevention measures

- **Thoroughly implement basic infection prevention measures**, such as wearing face masks (non-woven masks are recommended), washing or disinfecting your hands, avoiding the Three Cs, keeping a safe distance from others, and ventilating rooms.
- **Take cautious actions and thorough infection prevention measures**, such as wearing face masks, **when going to common areas at the workplace or school**, including cafeterias, restrooms, changing rooms, smoking rooms, and school club rooms.
- **Also implement infection prevention measures at home**, such as washing or disinfecting your hands upon returning home and managing the health of family members.
- **If you feel unwell, immediately call and visit a medical institution.**

2. Avoid risky behavior

- When dining out, **do not stay in the restaurant for over two hours. Be sure to wear face masks during conversations.**
- If you go to **restaurants that are not certified** for taking proper measures against COVID-19, dine in **groups of four or less** per table.
- **Do not visit eating and drinking establishments or karaoke parlors that do not take thorough infection prevention measures.**
- **Facilities that attract many visitors** are requested to **take thorough infection prevention measures** by organizing visitors and preparing disinfectants.
- **If possible, avoid** visiting crowded places, going out during peak hours, and dining in large groups, **especially during the year-end/New Year holidays.**

3. Get vaccinated

- We **request** those who have not been vaccinated **to get vaccinated** based on correct understanding of the effects and risks (side effects) of vaccination.
- **Continue to take basic infection prevention measures**, such as avoiding the Three Cs, wearing face masks, ventilating rooms, and disinfecting your hands, **even after vaccination.**